PROPHETIC SĪRAH · MIDDLE SCHOOL BAND · ONE LESSON A WEEK · FAMILY-LED

The Sīrah Year at Home: 36-week planner

One lesson a week, about 60 to 90 minutes, with a review week after each unit and a two-week capstone. Tick the box, write the date, note what your child asked. The unit titles are the FISLI Middle School Sīrah sequence; the free sample unit shows the lesson format.

WEEK	FOCUS	WHAT TO DO	DATE / NOTES
1 [ ]	Orientation	How the year works; the adab of studying the Prophet ﷺ; the sources (Ibn Hishām, the two Ṣaḥīḥs) and how to read a source label.	
2 [ ]	Unit 1 · The World That Was Waiting	Lesson 1: read, reflect, discuss, write.	
3 [ ]	Unit 1 · The World That Was Waiting	Lesson 2: read, reflect, discuss, write.	
4 [ ]	Unit 1 · The World That Was Waiting	Lesson 3: read, reflect, discuss, write.	
5 [ ]	Unit 1 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
6 [ ]	Unit 2 · Why We Study Sīrah	Lesson 1: read, reflect, discuss, write.	
7 [ ]	Unit 2 · Why We Study Sīrah	Lesson 2: read, reflect, discuss, write.	
8 [ ]	Unit 2 · Why We Study Sīrah	Lesson 3: read, reflect, discuss, write.	
9 [ ]	Unit 2 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
10 [ ]	Unit 3 · The Mission Begins	Lesson 1: read, reflect, discuss, write.	
11 [ ]	Unit 3 · The Mission Begins	Lesson 2: read, reflect, discuss, write.	
12 [ ]	Unit 3 · The Mission Begins	Lesson 3: read, reflect, discuss, write.	

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13 [ ]	Unit 3 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
14 [ ]	Unit 4 · Persecution, Patience, and the Two Ḥijrahs	Lesson 1: read, reflect, discuss, write.	
15 [ ]	Unit 4 · Persecution, Patience, and the Two Ḥijrahs	Lesson 2: read, reflect, discuss, write.	
16 [ ]	Unit 4 · Persecution, Patience, and the Two Ḥijrahs	Lesson 3: read, reflect, discuss, write.	
17 [ ]	Unit 4 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
18 [ ]	Unit 5 · The Prophet's Household	Lesson 1: read, reflect, discuss, write.	
19 [ ]	Unit 5 · The Prophet's Household	Lesson 2: read, reflect, discuss, write.	
20 [ ]	Unit 5 · The Prophet's Household	Lesson 3: read, reflect, discuss, write.	
21 [ ]	Unit 5 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
22 [ ]	Unit 6 · The Madīnan Period	Lesson 1: read, reflect, discuss, write.	
23 [ ]	Unit 6 · The Madīnan Period	Lesson 2: read, reflect, discuss, write.	
24 [ ]	Unit 6 · The Madīnan Period	Lesson 3: read, reflect, discuss, write.	

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WEEK	FOCUS	WHAT TO DO	DATE / NOTES
25 [ ]	Unit 6 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
26 [ ]	Unit 7 · The Prophet ﷺ as a Person	Lesson 1: read, reflect, discuss, write.	
27 [ ]	Unit 7 · The Prophet ﷺ as a Person	Lesson 2: read, reflect, discuss, write.	
28 [ ]	Unit 7 · The Prophet ﷺ as a Person	Lesson 3: read, reflect, discuss, write.	
29 [ ]	Unit 7 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
30 [ ]	Unit 8 · The Miracles, Death, and Eternal Presence	Lesson 1: read, reflect, discuss, write.	
31 [ ]	Unit 8 · The Miracles, Death, and Eternal Presence	Lesson 2: read, reflect, discuss, write.	
32 [ ]	Unit 8 · The Miracles, Death, and Eternal Presence	Lesson 3: read, reflect, discuss, write.	
33 [ ]	Unit 8 · review	Unit assessment with answer key; glossary check; one family discussion from the unit.	
34 [ ]	Capstone, part one	Build the year's timeline: the eight phases of the Prophet's ﷺ life, with one source for each.	
35 [ ]	Capstone, part two	Present the timeline to the family; written reflection: what changed in how I see him ﷺ.	
36 [ ]	Celebration and year assessment	Cumulative assessment; certificate of completion; choose the next discipline (ʿAqīdah).	